

CARDIAC REHAB

PATHWAY

The Cardiac Rehab Program may benefit patients who have had a recent heart attack, stent placement, heart failure, heart transplant, coronary bypass surgery, heart valve replacement, or angina.

- Gradual building of strength and endurance by working with our physical therapists
- Education focused on heart healthy diet
- Education on cardiac health and wellness
- Medication education and monitoring
- Education on energy management



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