

# LEGACY

Home Health Care

## Your **BEST** Choice...



### **NEXT-LEVEL NURSING**

*Our highly skilled nurses are the best of the best to help you meet your goals.*

- Do you have an upcoming procedure or surgery?
- Do you understand why you take each medication?
- Need help setting up a medication pill box?
- Unsure about your health conditions?
- Have a wound that won't heal?
- Have you recently been in the hospital?

### **PERSONALIZED PHYSICAL THERAPY**

*We develop specialized Care Plans for each individual.*

- Do you have a tendency or fear of falling?
- Are you having trouble making it to the elevator/stairs/restroom?
- Feeling weak after a surgery?
- Having trouble playing pickle ball, swimming, playing tennis, golf, shopping, or driving?
- Need to walk further distances?
- Do you need to hold onto furniture to keep your balance when you walk?
- Do you need to sit down and take a break when walking?



**LEGACY**  
Home Health Care

Bringing Excellent Health Care Home

## SUPERIOR SPEECH THERAPY

*Restore or improve your communication abilities in the privacy of your own home with our certified SLPs.*

- Have you had a stroke?
- Do you have trouble remembering things?
- Do you have trouble making complete words/sentences?
- Do you have trouble swallowing?
- Do you have issues with problem solving or comprehending?
- Do you have slow, slurred, or difficult to understand speech?



## OUTSTANDING OCCUPATIONAL THERAPY

*Step into independence with the help of our highly trained occupational therapist - in the comfort of your own home!*

- Have trouble with tying your shoes, buttoning your shirt?
- Having trouble taking a shower?
- Having trouble getting out of a chair or car?
- Do you have trouble with feeling in your hands/feet?

## HOME HEALTH AIDES

*It is our goal to help you remain safe at home!*

- Do you need help getting dressed?
- Do you need help taking a bath?

- Exceptional Communication
- Dependable Service & Quality Care
- Great Patient Outcomes
- Easy Referral Process
- Focus on Overall Wellbeing



**Contact Judy to get started!**

**Judy Gaines** 904.509.1868  
Community Care Coordinator  
Alachua | Union | Bradford  
judy.gaines@legacyhhc.biz  
**904.964.3712**

**Let us Bring Excellent Health Care Home to You!**

2520 Commercial Drive, Starke, FL 32091  
904.964.3712 • info@legacyhhc.biz • 866.530.1994 fax  
License #299994948

